

Outdoor Recreation Close to Wilmore

Listed by Proximity to Wilmore:

Asbury University Cross Country Trails

Activities: Walking, Running, Mtn. Biking

Directions: From the Luce Center, walk past tennis courts on paved path. Stay on the west side of the street and follow the grass trails.

Contact: Recreation Department, Asbury College

Asbury University Palisades Trails

Activities: Hiking, Nature Viewing

Directions: South on Lexington Ave/Hwy 29 toward High Bridge for about 1 mile. Right on Shanty Hill Rd. for 1 mile. Right on gravel road, park immediately on left. There will be signs for Asbury University Challenge Course and Equine Program. Trailhead is at small kiosk.

Contact: Recreation Department, Asbury College

Highbridge Area

Activities: Picnicking, Overlook, Playground and Paddling

Directions: South on Lexington Ave/Hwy 29 toward High Bridge for 5 miles. At a historic sign, you will see large railroad bridge. Straight ahead is Highbridge Park. To the right is the road to river. For boat ramp and old locks, go down road about 1/3 of a mile. At sharp left hand "U", go straight through the stone pillars. A boat ramp is immediately on your left and old locks are straight ahead. (Boats are not available).

Contact: 885-4500 or jessamineco.com/tourism/highbridge.htm

Trails at Shaker Village of Pleasant Hill

Activities: Hiking, Running, Mountain Biking, Horse riding

Directions: College Street toward the Luce Center. Turn right on Jewel Street. Left on US-68. Follow for 7.2 miles. Shaker village on right.

Contact: Go to www.shakervillageky.org or call 800-734-5611.

Camp Nelson Civil War Park

Activities: Hiking Trails, Historic Viewing.

Directions: Take Jessamine Station/College St. (toward Nicholasville) 2.1 miles to Short Shun Rd. Right and follow for 1.6 miles. Right on Hwy 27 for 4.5 miles. Left on KY 1268 (Sugar Creek Pike) at sign for Camp Nelson. Take immediate right on frontage road, Old Danville Rd. for 1/3 miles. Entrance on left.

Contact: www.campnelson.org or 887-9787

Riney B Park

Activities: Trails, Disc Golf, Aquatic Center

Directions: Lexington avenue north toward Lexington. Turn right on Highway 29 for 2.5 miles. Left on Hwy. 27/Nicholasville Rd. for 2 miles. Right at Riney B Park on Martin Luther King Blvd.

Contact: www.njcpr.org or 887-9787

Lake Mingo Park

Activities: Walking, Picnicking, Disc Golf

Directions: Lexington avenue north toward Lexington. Right on Hwy 29. Pass over Hwy. 27 and follow until Business 27/Main Street. Left at the Courthouse. Follow until Lake St. Turn right onto Lake Street. Park on the left.

Contact: www.njcpr.org or 885-9787.

Jim Beam Nature Conservatory

Activities: Hiking, Nature Viewing

Directions: Take Jessamine Station Rd. (toward Nicholasville) for 2.1 miles. Right on Short Shun Rd. and follow for 1.6 miles. Right on US-27 and follow for 5.7 miles. Right on Hall Road. Follow for .7 miles then right on Payne Lane. Proceed 200-300 yards. When road curves continue straight on gravel drive past a small cemetery on left and old barn on right. The gravel drive leads to parking area.

Contact: www.nature.org/Kentucky, Nature Conservancy, 259-9655.

* Sugar Creek Resort

Activities: Horseback riding, paddling, lodging (by appointment)

Directions: Take Jessamine Station Rd. (toward Nicholasville) for 2.1 miles. Turn right onto Short Shun Rd. and follow for 1.6 miles. Right on US-27. Look for the Blue Tourist Activities sign for Sugar Creek Resort. Left onto Route 1268. Travel Route 1268 4.3 miles. At fork in road go straight on Sugar Creek Pike for 2.1 miles. Keep left. Watch for the mailbox for 5800 - Sugar Creek Resort.

Contact: www.sugarcreekresort.com

***Destinations with user fees or by appointment only.**

QUICK REFERENCE GUIDE

<u>Destination</u>	<u>Distance</u>	<u>Activities</u>
Asbury Univ. Cross Country Trails.	0	walking, running, mtn. biking
Asbury Univ. Palisades Trails	2	hiking, nature viewing
Highbridge Area	5 (15 min.)	Overlook, picnicking, paddling
Lake Mingo Park	8 (15 min.)	walking, picnicking, disc golf
Shaker Village	9 (15 min.)	hiking, biking, horse trails, historical tours
Camp Nelson Civil War Park	9 (15 min.)	hiking, historical tours, reenactments
Riney B Park	9 (15 min.)	walking, disc golf, aquatic Center
Jim Beam Nature Conservatory	10.5 (20 min.)	hiking, bird watching, photography
UK Arboretum	15 (25 min.)	hiking, bird watching, photography
Sugar Creek Resort	15 (25 min.)	horseback riding, canoeing, kayaking, picnicking
Tom Dorman State Nature Preserve	16 (25 min.)	hiking, bird watching
Veterans Park	18 (30 min.)	hiking, biking, disc golf, picnicking
Herrington Lake	20 (25 min.)	boating, paddling, fishing, swimming, wildlife
McConnell Springs	20 (30 min.)	walking, nature viewing
Raven Run Nature Sanctuary	20 (30 min.)	hiking, picnicking, wildlife
Sally Brown Nature Preserve	21 (30 min.)	hiking, bird watching, photography
Buckley Wildlife Sanctuary	28 (50 min.)	hiking, bird watching, Nature Center
Capital View Park	32 (60 min.)	mountain biking
Fort Hill Civil War Historical Park	35 (45 min.)	hiking, picnicking, wildlife, educational experience
Salato Wildlife Center	35 (60 min.)	hiking, nature viewing
Canoe Kentucky	45 (60 min.)	paddling, outdoor store, specialty trips

UK Arboretum

Activities: Walking, Nature viewing, exercise.

Directions: Lexington avenue north toward Lexington. Turn right on Highway 29. Follow until Hwy. 27/Nicholasville Rd. Turn left heading north on Hwy. 27/Nicholasville Rd. Go 11.3 miles and turn right on Alumni Drive. Drive 1/5 miles. UK Arboretum on the right.

Contact: www.ca.uky.edu/arboretum/ or (859)-257-6955

Tom Dorman State Nature Preserve

Activities: Hiking, Nature Viewing

Directions: Take Jessamine Station Rd./ College avenue for 2.1 miles (toward Nicholasville). Right on Short Shun Rd. for 1.6 miles. Right on US-27 for 8.3 miles. After crossing river, right onto KY 1845 (towards Peninsula Golf). Follow KY 1845 for 1 mile. Right onto Jess Brim Rd., just before Lambert's Chapel, and follow this road for 3/4 mile, do not bear right, but follow till the gravel parking lot at the end of the road.

Contact: www.naturepreserves.ky.gov/stewardship/tomdorman.htm or (502) 573-2886.

Veterans Park

Activities: Hiking, Mountain Biking, Disc Golf, Picnicking

Directions: Drive north on Lexington Avenue/US-68/Harrodsburg Road for 9.2 miles. Right on Man O' War Blvd. for 4.9 miles. Right at Saron Drive for 1 mile. Right at Watermill Lane. Park is within 1/3 mile.

Contact: www.lexingtonky.gov or (859)-288-2972.

* Herrington Lake

Activities: Boating, Fishing, Swimming, (Boat Rental available)

Directions: Jessamine Station Rd./ College Ave. for 2.1 miles (toward Nicholasville). Right on Short Shun Rd. and follow for 1.6 miles. Right on US-27 and travel until KY 152. Right for 5 miles. You will approach Kennedy Bridge. From here you have choices among four of the largest marinas on this part of the lake. To get to the marina cross Kennedy Bridge and travel 1/2 mile and turn right on the first street that you will come to. The only landmark is a boat dealership on the corner. The marina is less than 1/4 of a mile on the right.

Contact: www.herringtonmarina.com or 1-800-355-9192.

McConnell Springs

Activities: Walking, Nature Viewing

Directions: Lexington Ave. North toward Lexington. Go 12 miles on Harrodsburg Road. Left on KY 4 N/New Circle Road for 4 miles to exit 6 or KY 1681/Old Frankfort Pike. Right on Old Frankfort Pike for 2/3 miles. Right at McConnell Springs Road for 400 ft. Left at Cahill Road for 300 ft. First right on Rebmann Lane to Park.

Contact Information: www.mcconnellsprings.org or 225-4073

Raven Run Nature Sanctuary

Activities: Hiking, Picnicking, Nature Viewing

Directions: Lexington Ave. North toward Lexington. Right on Hwy 29. for 3.4 miles. Left on Business 27/Main St. Go 3 blocks. Take right on Richmond Ave/KY-169. Follow KY-169 for 8.4 miles. At Tates Creek Rd. turn left and then quickly turn right onto Spears Rd. Go 1.6 miles to Jack's Creek Pike. Right for 1.4 miles. Nature Sanctuary on left.

Contact: www.lexingtonky.gov or (859) 272-6105.

Sally Brown Nature Preserve

Activities: Hiking, Photography, Wildlife Observation

Directions: Take Jessamine Station Rd./ College avenue for 2.1 miles. Right on Short Shun Rd. and follow for 1.6 miles (toward Nicholasville). Right on US-27 for 8.3 miles. Just after crossing river, turn right onto

KY 1845 (towards Peninsula Golf). Travel 3.4 miles to Camp Dick Fire Station. Go left for 1/3 miles. Right on High Bridge Rd. Go 2 miles and turn right onto Bowman's Bottom Road at the large High Bridge Estates sign. Travel 1.5 miles to the parking lot.

Contact: www.nature.org/wherework/northamerica/states/kentucky/preserves/art10915.html or (859)-259-9655.

Buckley Wildlife Sanctuary

Activities: Hiking, Wildlife Observation, Nature Center

Directions: College St. toward Luce Center. Right on Jewel St. Left on US-68 for 1/2 mile. Right on 33 North for 15 miles, through Versailles. Left at Elm Street and follow McCracken-Steele Rd. for 8 miles. Left onto KY- 1964/Watts Ferry Rd for 1 mile. Right on Germany Rd. for 1.3 miles. Sanctuary on left.

Contact Information: www.audubon.org/local/sanctuary/buckley/Buckley.html or 859-873-5711

Capital View, Frankfort, KY

Activities: Mountain Biking, Hiking

Directions: College St. toward Luce Center. Right on Jewel St. Left on US-68 for 1/2 mile. Right on 33 North, through Versailles, until US 60. Left on US 60 and follow to Hwy. 676. Turn left and follow Hwy. 676 until your third right where you will turn right onto OH Glenss Creek Rd. Enter at the Capital View Frankfort green sign and then follow the signs until you reach the parking lot. In the far corner of the parking lot you will find the entrance to the trails.

Contact: <http://www.frankfort.ky.gov/recreation.html>

www.frankfort.ky.gov/recreation.html or (502)-875-8575.

Fort Hill Civil War Historical Park

Activities: Hiking, Picnicking, Wildlife, Historic Sites

Directions: College St. toward Luce Center. Right on Jewel St. Left on US-68 for 1/2 mile. Right on 33 North for 15 miles, through Versailles. Turn onto 60 West and follow until 421 N. At this point US-60 will turn left and 421 N will go straight. Follow straight on 421 N for 1.6 miles to the exit for Owenton/Frankfort. Take exit and follow signs for 2261 South. Stay on 2261/Homes Street for 1/2 mile and then right on Henry St. Take first left on Hillcrest to the entrance of the park.

Contact: Fort Hill Association (502)-564-3016.

Salato Wildlife Center

Activities: Hiking, Nature Viewing

Directions: College St. toward Luce Center. Right on Jewel St. Left on US-68 for 1/2 mile. Right on 33 North for 15 miles, through Versailles. Turn left on US-60 for 9 miles to US 64. Take US 64 W for 4.3 miles to exit 53B. Go right on US 127N/Lawrenceburg Road for 1.5 miles. Left at Louisville Road/US 60 W for 1.6 miles. Right at Game Farm Road for 1/3 miles, veer left. Salato Wildlife Center on Right.

Contact Information: www.mcconnellsprings.org or 225-4073

* Canoe Kentucky

Activities: Paddling, Outdoor store, Specialty trips

Directions: College St. toward Luce Center. Right on Jewel St. Left on US-68 for 1/2 mile. Right on 33 North for 15 miles, through Versailles. Turn left on US-60 for 11.2 miles. Continue on Wilknsn Blvd for 1 mile. Right at Schenkel lane for 1.3 miles. Continue straight on stead-mantown Lane for 2 miles. Right on Peaks Mills Road for 5.3 miles. Canoe Kentucky is on the left at Elkhorn Creek.

Contact: www.canoe-ky.com or 888-CANOE-KY.

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