

August, 2007

*Wilmore Celebrates the 4th of July
Honoring the Children of Wilmore!*

Wilmore's Festival Committee would like to thank everyone who helped at this year's Festival of the Fourth. Again, we celebrated another wonderful day on the 4th of July. This year's festival theme:

*Honoring
the Children of Wilmore!*

Parents and children from the Wilmore Day Care Center are pictured. The WDCC is celebrating its 36th year of caring for children in the community. Operating year-round, five days a week, it nurtures more than 100 children with a distinctly Christian emphasis. "The Day Care has uniquely served Wilmore by creating a welcoming and safe place for children and parents from many nationalities, denominations, and walks of life," said director Michelle Beard.

In addition to caring for infants through fifth graders, it offers all-day kindergarten using A Beka curriculum. The Day Care center is located on the corner of Spring St. and N. Maple St.—behind Asbury Theological Seminary and down the street from the Post Office. For more information OR job opportunities, call the WDCC at 858-4244.

The WDCC needs your help! Please call Michelle and see if there is a place for YOU to help one of Wilmore's much-loved ministries. We need to keep the Day Care in Wilmore. Call today, ask how you can help spiritually, financially or physically being active with the organization!

*Wilmore Celebrates
the 4th of July
Honoring the Children of
Wilmore!*

We are so proud of our children. They grow fast. One day they were babies, then off they go to school. Eventually they become adults and we continue to forever love them for all of our parenting reasons.

This year's parade Grand Marshals were Charlene and Kevin Moulton and Jon Sallee. Kevin and Charlene both rode in new corvettes! James Rainwater escorted Charlene and Leonard Fitch drove Kevin. Jon Sallee rode in Wilmore's Fire Engine #3.

The Grand Marshals rode directly behind the Color Guard who were under the command of 1 SG Dan Boller, HHB 138th Fires Brigade.

Thanks to everyone for being part of the Parade and Festival by sharing your holiday in Wilmore!

Friends, families and neighbors enjoying each others company during the festivities on the 4th of July.

Thanks to all the guys who drove the tractors, we had almost 20!

The Lawnmower Brigade is always a big hit, thanks to all who participated!

There are several father and sons who took part! How many more will join up for next year's parade?

Jerry and Martha Allender's horse pulled the buggy in the parade.

Virginia Brubaker was the Grand Marshall for Wesley Village.

Hot dogs, such a bargain! Musical performers playing patriotic songs, some played their on fiddles!

Several members of the Wilmore Fire Department talk it over at the Festival. Thanks to all the guys (and girls!) who rode and drove the fire vehicles in the Parade.

Everybody loves a parade, except for when it is over! Do you have any ideas that you would like to share for Wilmore's next parade? If you would like to participate in the Veterans Day Parade please contact City Hall at 858-4411 or Wilmore Parks & Recreation at 858-9031. The Parade route goes through downtown Wilmore and out to the Thomson-Hood Veterans Center. It is held in November.

Annual RJ Corman 5K Run

Almost every year the Festival of the Fourth gets kick started prior to the 4th of July with the Annual RJ Corman 5K Run. Some runners arrive early enough to warm-up during the 1 Mile Family Fun Run. This year almost 100 runners took place in both events.

For over a decade the City of Wilmore along with the continued interest from our sponsors, RJ Corman, Taylor Made Farm, Central Bank and High Bridge Spring Water have shared an event that brings families together through physical exercise. This popular event in Wilmore attracts those who know about the 1 Mile Fun Run/Walk and 5K Race. Some runners use the race as a warm-up other longer races, others bring their families and share the fun of competing or merely taking part to finish something they started! In any case, fun was had by all!

Apologizes to all the runners for the inconvenience of the problems with timing system during the 5K . Hopefully next year we will have a better method and system.

Thank you to ALL of you who participated! See you next year!

**Wilmore's Festival of the Fourth
R.J. Corman Annual 5K Run
Saturday, June 30, 2007**

<u>5K Run Results</u>	<u>Name, Age</u>	<u>Time</u> <i>(Min/Sec)</i>
1st male overall	David Webster, 22	18:37
2nd male overall	Brian Gibson, 32	19:23
3rd male overall	Steve Kral, 45	20:01
1st Female overall	Cheryl Nesselroade, 41	24:34
2nd Female overall	Robbie Morgan, 33	25:09
3rd Female overall	Jen Miller, 36	26:20

Age Category Results

11-14 years

1st male- Julio Carmona, 14 (23:24)
 2nd male- Harlan Holiday, 13 (25:06)
 3rd male- Matthew Liversedge, 12 (29:14)

15-18 years

1st male- Salvador Carmone, 15 (22:17) 1st female- Katie Liversedge, 17 (28:37)
 2nd male- Charles Denger, 18 (22:23)
 3rd male- Ryan Yoder, 15 (23:15)

19-23 years

1st female- Shawna Corman, 19 (26:53)
 2nd female- Merideth Brooks, 23 (27:05)
 3rd female- Jessica Cole, 19 (28:07)

24-29 years

1st male- Jason Palmer, 26 (22:49) 1st female- Shannon Ramsey, 24 (31:38)
 2nd male- Peter Cook, 25 (23:25) 2nd female- Rachel Schnieder, 26 (50:02)
 3rd male- Jon Douglas, 26 (24:00) 3rd female- Jen Evely, 28 (51:21)

30-34 years

1st male- Charlie Workman, 34 (23:56) 1st female- Mary Ann Workman, 31 (27:04)
 2nd male- Danny Albertson, 33 (24:12) 2nd female- Christine Johnson, 31 (27:54)
 3rd male- Greg Bodager, 30 (25:59) 3rd female- Cricket Albertson, 33 (30:39)

35-39 years

1st male- Vladimir Kostas, 35 (20:18) 1st female- Jennifer Harris, 35 (30:37)
 2nd male- Andrew Schneider, 35 (22:25) 2nd female- Michelle Marquez, 36 (31:55)
 3rd male- Andrew Morey, 39 (24:55) 3rd female- Kelly Pictor, 38 (35:23)

40-44 years

1st male- Bill Warren, 43 (23:12)
2nd male- Dave Newman, 40 (24:15)
3rd male- Jesse Yoder, 43 (25:04)

1st Female- Robin Beams, 43 (32:55)

45-49 years

1st male- Harper Smith, 46 (20:43)
2nd male- Dan Sheets, 47 (23:38)
3rd male- Joe Danaher, 48 (24:11)

50-54 years

1st male- John Trump, 51 (20:39)
2nd male- Joe Schum, 54 (20:40)
3rd male- Paul Walmsley, 51 (24:26)

1st female- Carol Delong, 50 (36:12)
2nd female- Jill Evely, 51 (51:21)

55-59 years

1st male- Raymond Green, 55 (21:44)
2nd male- Don Pelle, 56 (24:24)
3rd male- Mike Bell, 59 (30:54)

1st female- Bill G. Bell, 57 (48:20)
2nd Female- Mary Cochron, 59 (50:39)
T-3rd female- Linda Giurgevich, 59 (53:29)
T-3rd Female- Josie Giurgevich Jones, 51

60-64 years

1st male- Eric Friedlander, 60 (23:28)
2nd male- Jim Moore, 64 (29:14)

65+ years

1st male- Stan Briggs, 67 (27:05)
2nd male- Sonny Whit, 65 (30:06)
3rd Male- Ron Koteskey, 65 (30:48)

1st female- Bonnie Koteskey, 65 (36:02)

Oldest Participant:

Leo McMillen, 70

Youngest Participant:

Matthew Liversedge, 12

Thanks the following: the Parks and Recreation staff for their help with registration and setting-up before and after the race, to the Public Works Department for marking the streets for the race, and to the Wilmore Police Department for blocking traffic and escorting the runners.

**MANY THANKS TO OUR SPONSORS:
RJ CORMAN RAILROAD GROUP, CENTRAL BANK
TAYLOR MADE FARM
AND
HIGH BRIDGE SPRING WATER**

Wilmore Parks & Recreation

Wilmore Parks & Recreation offers an After-School Recreation Program for the students of Wilmore Elementary School and the Jessamine Early Learning Village.

The program will be held at Wilmore Elementary School each day that school is in session. (Students from the JELV will ride a bus to WES to participate in the program.) A Homework Hour will be held as a separate program from 2:45 – 3:45 pm. This will be a quiet time and staff will be available to assist students with homework help, but individual tutoring is not available. Students without homework or finishing early will have board games, flash cards and other quiet activities to work on.

The regular After-School Recreation Program (ASP) will begin at 3:45pm. Students must be picked up by 5:30pm. Participants will be given a snack each day and a wide variety of activities will take place, such as sports, group games, arts & crafts, guest speakers, and free time.

Cost to participate in both the Homework Hour and the ASP is \$25 per week (student attends 2 or more days of the week). If student only attends 1 day during the week, the cost is \$8. (Additional child = \$22).

Cost to participate in only the ASP is \$20 per week (student attends 2 or more days of the week). If student only attends 1 day during the week, the cost is \$6. (Additional child = \$17).

Cost to participate in only the Homework Hour is \$2 per day (\$1 per day for Wilmore Elementary School faculty/staff).

(There are reduced costs for reduced number of school days per week, such as Thanksgiving week & snow days. The Program Coordinator will notify you if the payments are any different.)

Please contact Wilmore Parks & Recreation with any questions at #858-9031.

HEALTHY TIPS!

Looking for a change of pace? Why not add these hopping good exercise moves to your routine this week? They're not only aerobic – they also pack plenty of calorie-burning punch! Remember to start slowly, working up to a 15-minute set.

* **Jumping rope:** Minute per minute, this grade-school standby burns more energy than any aerobic activity other than running! You'll burn 200 calories in just 15 minutes. Start by slowly swinging the rope to your side to get into the rhythm, and then jump in with both feet hitting the ground at the same time. There you go!

* **Mini-Trampoline:** This compact piece of home gym equipment packs a powerful punch. You'll burn 75 calories in just 15 minutes of bouncing. You can also use the trampoline to jog in place during those rainy days!

* **Jumping Jacks:** This gym-class classic burns 150 calories in 15 minutes flat! Start in a 45-degree stance, jump to the center with feet together, and then jump back out to 45 degrees.

**Two Journey
The Kentucky Duo**

**TWO JOURNEY
(THE KENTUCKY DUO)
MINISTRY**

FRI. AUG 3,
JOHNSON CITY, TN.
2:00 PM
LIVE RADIO WETB

SAT. AUG 4,
7:00 PM
DOWNTOWN GATLINBURG, TN
"THE MANGER" TV
(ACROSS FROM HILLBILLY GOLF
FOR A SCHEDULE OF UPCOMING
EVENTS

E-mail
jodybrock@adelphia.net or
smithdp000@aol.com
God is keeping us very busy
and we love it.

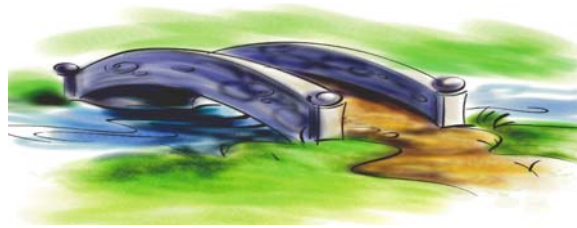
Please keep us in your
prayers. For more info
call Jody Brock 859-351-
8791 or Danny Smith 859-
327-7698

**August's Gospel Concert
on the Town Green
Friday, Aug. 10th
7:00 pm**

**Two Journey
The Kentucky Duo
(Bluegrass & Southern
Gospel)**

**Saved From The Fire
(Contemporary
& Christian Rock)**

CONGRATULATIONS!
We are so proud of our
hometown gals!
GOD BLESS!



STONEBRIDGE SUMMER SATURDAY NIGHT CONCERTS **Downtown Green Pavilion, Wilmore, KY**

August-September 2007 Schedule

Concert begins at 7 p.m.; food vendor present each night; in case of rain, concert will move to the Wilmore Elementary School

August 4: Local residents *Luke Baldrige and John-Seth Hunter* will perform original music on piano and guitar.

Stringtown Bluegrass Band has a musical genre best described as "Bluegrass Music, Traditional and Beyond..." and provides entertainment for all ages.
(www.stringtownky.com)

August 11th: *Kava Java Trio* will open with their smooth blend of pop/blues/urban country (www.kkjava.com).

Stonebridge is particularly pleased to present *Kentucky Music and the Lincoln Family* by The Lexington Philharmonic. During the Lincoln Bicentennial celebration, statewide focus will be on the life of President Lincoln and his contribution to United States and Kentucky History. This presentation includes orchestra musicians performing live chamber music from Lincoln's time with dancers from the Lexington Vintage Dance Society dressed in period clothing.

August 18th: No concerts tonight at Stonebridge due to the High Bridge Homecoming Festival. Check out the activities and special music by going to www.wilmore.org

August 25th: *Ron Pohl and Gary Peck*, Jessamine County residents, will be playing and singing original music, accompanied by other local musicians.

Pi R Squared Dixieland Band is a six-piece authentic Dixieland band. A combination of banjo, tuba, trumpet, clarinet, trombone and drums, plus vocals, promise a toe-tapping night.

September 1: No concerts at Stonebridge tonight due to the J. D. Crowe Bluegrass Music Festival. Go to www.jessamineco.com to view the schedule.

September 8: The Stonebridge Summer Saturday Night Concert series concludes with "Picnic Under The Stars." Enjoy a delightful evening of catered dining on decorated tables, followed by a spectacular performance of *The Metrognomes*, a seventeen piece big band playing jazz, rock, Latin, and swing.
(www.themetrognomes.com)

Wilmore Senior Community Center

A reminder of some of the ongoing, everyday activities of the Center...

Dining Services: open seven days a week. Seating is limited so reservations must be made in advance. Guest parties should include at least one person over the age of 60. Price per meal (includes choice of main entrée, side dishes, salad, beverage and dessert, no tipping): \$10 / \$8 with membership.

For more information and reservations, please call at least 24 hours in advance: 858-3865 ext. 230.

Dunkelberger Library: open Monday through Friday, 11 am to 2 pm. Volunteers are on hand to help with questions. Books and periodicals are chosen with senior interests in mind. Annual fee for borrowing privileges: \$10 / free with membership.

“Stretch for your Health Exercise:” join your friends in a senior-friendly program of gentle body movements designed to keep limbs and joints limber. Monday through Friday, 10 to 10:30 am or 11:30 to 11:45 am. Learn also how to use the “NuStep TRS 4000” recumbent cross trainer machines. With comfortable armchair seating, your hips, knees, shoulders, and total cardiovascular system can be exercised in comfort and harmony. Fee for 6 month semester: \$10 / free with membership.

Weekly and monthly meetings also take place for those interested in Creative Writing, Book Discussions, Handcrafts, Water Color Painting, Genealogy and more.

Thursday, August 30th, 6:00 PM

Movie Night: “The Queen”

After Princess Diana’s tragic death, Queen Elizabeth (Helen Mirren in her 2006 Oscar winning role) and Tony Blair (Michael Sheen) engage in delicate negotiations as the world demands a tribute way beyond the bounds of protocol. Go behind the scenes for a truly intimate and fascinating look at the Royal Family.

Free and open to the public.

Back again soon... Senior Net Computer Classes

Senior Net of Kentucky will again be organizing a class in the early fall for those interested in learning the basics of computers including an added emphasis on use of e-mail and the internet. Fee for materials and instruction: \$45.

If interested, please call Alan at the number listed below.

**** For more information on all the life-enriching activities of the Wilmore Senior Community Center, please call Alan Beuscher at Wesley Village, 858-3865 ext. 238. A one year membership is only \$60/year.**

A Trip to Remember

I was in the middle of making salsa when the telephone rang. Wiping tomato juice off my hands, I picked up the phone.

“Hi, Shirley,” came a cheery voice. “This is Judy Metcalf. I’m calling to invite you to have dinner with us this evening on our pontoon boat down on the river.”

“That sounds wonderful, Judy! What time?”

“Could I pick you up about ten minutes after four?”

“Perfect. I’ll be ready.”

“Do you know the Demarays and Allen and Grace Holmes? They’re going with us too.”

“Oh, yes. They are some of my favorite people.”

I returned to the simmering salsa filling my house with its sensuous spicy aroma. At three I sealed the last jars and settled in my recliner to rest for an hour.

Arvid was waiting for us on the river when we arrived at 4:30. He eased the pontoon closer until it kissed the ramp, then opened the gate and helped us aboard. Soon we were seated in comfortable patio chairs. Judy spread a tablecloth and went to work at the grill.

“This is an old boat,” she told us. “We bought it seventeen years ago for \$300. We tie it to a tree on a friend’s property.”

“And the liability insurance is really cheap,” added Arv.

A million-dollar yacht could not have provided a better getaway. The quiet river seemed reserved for us alone. Fall colors lined the banks. Above us loomed the majestic Kentucky River palisades. We slipped past the *Dixie Belle*, glided under High Bridge, and continued to the mouth of the Dix River. Half a mile up the Dix we stopped at the foot of a waterfall. In spite of summer drought, a trickle of water was still making its way down the rocky stair steps.

With perfect timing, the grilled chicken and grilled vegetables were ready just as Arv cut the motor. Judy brought out table settings and a potato casserole, fruity salad, homemade whole-grain rolls, iced tea and carrot cake. With heartfelt thanks we sang the *Doxology* and began our feast.

A pair of wild geese honked on the riverbank, swam to our side, and flapped to each other. Soon we began reaching for jackets, for the air was decidedly cooler here on the Dix. Arv told us it’s fed year-round by sixty-degree water from Herrington Lake.

Dusk enveloped us as we headed downstream. A blue heron, barely visible in the diminishing light, skimmed across the water’s surface as we approached High Bridge. Darkness fell as we reached the ramp.

While Arvid navigated back to the pontoon’s tie-up tree, we loaded Judy’s van and headed back to Wilmore. Two and a half hours after picking me up, Judy delivered me to my door.

We had traveled less than ten miles, but into another world, rich in beauty, wildlife and resources, flowing quietly past Wilmore’s back door. Two weeks on a luxury cruise ship could not have been more delightful or relaxing than those two hours on the river.

By Shirley McMillan

The Wilmore Writers will resume meeting in September. All writers and aspiring writers are welcome.

Fee is \$10 per semester, payable to Wesley Village.

Place: Wilmore’s Senior Community Center at Wesley Village

Time: Thursdays at 1:30 pm

Watch September Newsletter for announcement of beginning date.

Hospice Extends Warm Thanks for Jessamine County Support

Dear Jessamine County Friends,

An ad for a credit card company lists items of fun and luxury followed by a word of gratitude – priceless. Priceless - the word describes the kindness and generosity the communities of Nicholasville and Wilmore give Hospice of the Bluegrass (HOB). For many years, your support of events, such as the Angel Ball, have allowed Hospice to provide quality care to the dying, their families, and to the bereaved.

Hospice focuses on family, patient centered care and, in most cases, this takes place in the patient's home. Additionally, Hospice care is available at the Hospice Care Center at St. Joseph Hospital, in area hospitals, in nursing homes and in other long-term care facilities. Services are available to everyone no matter the age, religion or race.

Medicare, Medicaid and private insurance often cover hospice care costs. However, no patient is turned away because they cannot pay and, in the past 18 months, donations from the people of Jessamine County helped provide 451 days of care to uninsured patients.

Hospice of the Bluegrass – Jessamine County has bereavement staff to help those who have lost a loved one, whether they were a Hospice patient or not. The bereavement program offers free individual counseling and a regular grief support group for adults. A support group for children began this summer.

The Jessamine County Hospice Charities Board and the Angel Ball Committee are priceless to HOB because of their generosity and support. Their contributions and help add to the level of care and assistance HOB can provide to the citizens of Jessamine County.

Your support and commitment allows HOB Jessamine County to provide quality end-of-life care, a priceless gift all people deserve.

For more information, please contact HOB Jessamine County at 859-887-2696 or visit the Hospice of the Bluegrass web site at www.hospicebg.org.

Sincerely,

Gretchen M. Brown
President/CEO, Hospice of the Bluegrass

Leadership Conference Coming to Kentucky

For the first time ever, a world leadership conference will be coming to Central Kentucky.

**Centenary United Methodist
Church in Lexington,
in partnership with
Asbury Theological Seminary,
will play host to
the Global Leadership
Summit Conference
August 9-11.**

The live, satellite conference features nationally known speakers such as former President Jimmy Carter and former Secretary of State and Chairman of the Joint Chiefs of Staff Colon Powell.

Lexington will be one of only 200 cities world wide hosting the teleconference giving local leaders a chance to attend a world-class conference without all the cost of traveling.

By Bob Flynn
bfflynn@jessaminejournal.com

**WUMC will be hosting
Back to School Carnival
Saturday, August 4th
11:00 am - 1:00 pm
Inflatable FUN, a dunk tank,
hotdogs, popcorn cotton candy
The first 50 kids will receive
Free school supplies.
Location: UMC parking lot
For info. please call 858-3559**

THE PAUL SAWYIER STORY

8 p.m., September 21-22, 2007
High Bridge Park Pavilion
Wilmore, KY

Travel to the scenic and historic High Bridge Park to enjoy the fifth annual production of *The Paul Sawyer Story* based on the life of Kentucky's most famous artist who resided on a riverboat shanty at High Bridge for a period of time. You know him for his beautiful paintings of the Kentucky River and its Palisades, but do you know the events that shaped his life and impacted his paintings?

Tickets are \$10 for general admission and \$15 for reserved seating. Call: 885-4500.

Come early and enjoy a la carte dining by Three Suns Bistro under the tent overlooking the Kentucky River.

HIGH BRIDGE HOMECOMING FESTIVAL

August 17 - 19, 2007
High Bridge Park

Live Music, Food
Vendors, Craft Show,
Flea Market, Museum,
Raffles,
Dessert Auction

For more information
contact Judy Woolums
at 858-3895

Brochures available at
Wilmore City Hall

High Bridge Homecoming Festival

The 3rd annual High Bridge Homecoming Festival will be held August 17-19 at the High Bridge Park. Events kick off at 5 p.m. on Friday with the Katie Penn Bluegrass Band, a dessert auction, and then closing with "Picken Time". On Saturday, there will be arts and crafts vendors, a flea market, demonstrations, and more live music by such groups as "Young at Heart" and "Drivin Rain", silent and live auctions, Kentucky River Pontoon tours, and closing with a dance. On Sunday, activities begin with an outdoor church service by the High Bridge Union Church service at the Pavilion, followed with a concert by "The Kentuckian's Chorus", raffle drawings and another concert by Jessamine County's own "Moron Brothers."

For a full schedule go to
www.jessamineco.com.

Casa de José
Now open on the 1st Sunday
of each month
Stop in before or after church!
Open this Sunday on August 5th.

JD CROWE BLUEGRASS FESTIVAL
Ichthus Farm
Wilmore, KY

August 30-September 1, 2007

Gates Opens @ 5:00 pm Thursday
FREE Jam Session and Bean Supper,
Hosted by the Moron Brothers!

Friday's line-up includes: JD Crowe,
Bobby Osborne, The Carolina Band,
Southern Harvest, Crossroads and Ruby & Em

Saturday enjoy: JD Crowe, Lonesome River
Band,
Mountain Heart, Dean Osborne Band,
Eddie Pennington, the Moron Brothers and
more!

For Tickets and Camping Reservations
Call (859) 858-3001
or visit: www.jdcrowefestival.com

**Camp Nelson to
hold "Hat Tea"**

Saturday, August 18

The theme of the event will be the "Hat Tea," which will be held at the White House at Camp Nelson Heritage Park.

The public is invited to attend. The donation for the tea is \$15. Sunday-dress attire is required.

"Since the tea has a hat theme, people are encouraged to wear hats, but if they don't have one, we have hats here that they can wear," said Mary Kozak, special projects coordinator for Jessamine County.

Reservations are required and must be made by Aug. 15 by calling Alice at 881-5716.

**Farmers' Market held
each Saturday in the
City Hall parking lot.
Stop by and pick up
Kentucky Fresh
locally grown produce.
See you there!**

Recycle Schedule:

Pick up is on Wednesdays
Every other week

SECTION A SECTION B
(Monday & Thursday) (Tuesday & Friday)
1st, 15th & 29th 8th & 22nd

If your business or organization would like to announce an event or activity please E-mail Kim Deyer at cckimdeyer@aol.com or call (859) 351-0337. Otherwise, contact City Hall at 858-4411. All information is needed by the 15th of the month. Thank you! And remember you can always say I read it in the *Wilmore Newsletter!* For additional community news and information please visit the Wilmore web site online at www.wilmore.org

Quote of the Day

"Victory is won not in miles but in inches. Win a little now, hold your ground, and later, win a little more."

- Louis L'Amour