

March, 2007 ← **WILMORE** →

NEWS
NEWSLETTER

The Rose Garden
313 Walters Lane

If you haven't strolled around town lately or put on your walking or running shoes, it is kind of understandable. We all anticipate the change of seasons, look forward to warmer temperatures and know that "spring is just around the corner!" Need to speed up the process? Do yourself a favor and step into the Rose Garden on Walters Lane.

As you enter the shop, you are greeted by the fragrance of fresh flowers! Ahhh... springtime! There are several types of flowers to choose from: fresh cut for a vase or a made to order floral arrangement. Silk and dried flower arrangements are available, too. Depending on your needs, the Rose Garden is a full service Telefloral provider. They are capable of sending flowers to loved ones far and nearby. The Rose Garden also has gift items, artwork and does custom framing.

To find the Rose Garden, travel on East Main Street toward the railroad tracks, turn right on Rice Street (just before the caboose), go past Jessamine Christian Healthcare, the road directs you to the right on to Walters Lane. As you travel up a small hill, on your right you will notice a big green house. The Rose Garden is located in the same old farmhouse as the Potters Inn Bed and Breakfast.

**Think ahead for Easter and Mothers Day!
Call 858-9415 and place an order today!**

flowersandframes@windstream.net

Asbury Seminary Students Training for ½
Marathon
for the Nashville Country City Marathon

Despite the cold temperatures, several Asbury Seminary students have been getting out and training on most Saturdays this winter. They are preparing to run this April in Nashville. Perhaps you may have seen them around town practicing on the City's marked RJ Corman 5K Run route and throughout others streets, too. They start at City Hall with stretching, map out their routes and then cut a trail! This sure is a good way to fight the winter blues! Keep it up! April will be here before long!

**DISC GOLF
AT
CENTENNIAL PARK!**

Spring is almost here and now you have something new and exciting to do in Wilmore! The disc golf course at Centennial Park (adjacent to the Ichthus Farm and accessible via Kinlaw Drive) is almost completed and ready for play! Watch for upcoming disc golf "clinics" and possibly some tournaments in the future.

Check out the Disc Golf Association's website for more information on this interesting sport: www.discgolfassoc.com.

Disc golf is family friendly and fun for all ages and abilities. Take the whole family out to play and get some exercise while walking the course. Discs are available at most sporting good stores.

Caregiver Support Group

A monthly educational support group for those who are providing care for a loved one.

1st Session

Thursday, March 8th

7:00 - 8:00 pm

Wilmore Free

Methodist Church

Offered by Hospice of the Bluegrass -
Jessamine County &

Wilmore Free Methodist
Church

Call Hospice @ 887.2696
for more information.

Weight

The Reality Series

Tuesdays

5:30 pm

March 20th - May 8th

Agriculture Learning Center

\$20 for 8-wk series

If you complete entire series,
you will receive \$10 at end of the series
Cooperative Extension Service 885.4811

10th Annual Women's Wellness Forum

Saturday, March 3

East Jessamine High School

Call Cooperative Extension

for more information 885.4811

Asbury College Concert Series

Sunday, March 4

Annual Concert Band & Jazz Ensemble Spring
Tour

6:00 p.m. (Sunday evening at Wilmore Free
Methodist Church)

Friday, March 2

Artist Series: Pridonoff Duo (pianists)

7:30 p.m. at Hughes Auditorium

Thursday, March 8 Peniston Honors at Akers

7:30 p.m.

Monday, March 12

Guest Faculty Recital: Dr. Wesley Roberts,
piano

7:30 p.m. Akers

Thursdav. March 15

Wilmore Elementary Annual Spring Fling Saturday, March 10th 11am to 3pm.

There will be hot dogs, nachos,
popcorn, cotton candy, games, an
inflatable slide and boxing game.

As always, they will have a class
basket and silent auction.

The basket themes: chocolate,
candles, health, family night, games,
road trip, coffee and tea.

Chances to win a beautiful emerald
and diamond ring valued at \$730.00
along with gift certificates and home
accessories will be offered.

We will also be able to peek at the
spring book fair items.

For more information please call
WES at 858-3134

Help Kids Steer Clear of Diabetes

Want to help your child avoid the many health risks associated with diabetes? Then teach him or her to spot — and steer clear of — so-called simple sugars. A recent study by experts at the University of Southern California found a strong connection between the amounts of sugar kids ate and whether or not they showed the first signs of type 2 Diabetes. Sure enough, kids who reported eating sugar every day had clear signs that they were headed for problems. Even more shocking, nearly 40 percent of the sugar they were eating came from soda or sugary "fruit" drinks.

So what can you do to help children? Educate them about the impact too much sugar has on their health, and help them learn to read food labels and ingredient lists to identify high-sugar foods. Keep plenty of fresh fruit in your house to replace sweet snacks, and encourage your kids to quench their thirst with nature's perfect drink — water! — Instead of sweet drinks. Remember, sugar itself isn't bad, but you can definitely have too much of a good thing!

Wilmore Presbyterian Church
100 N Lexington Ave.,
Life Enrichment Programs
is sponsoring the following events.

Monday, March 5th
6:00 - 8 pm

Budgeting Class presented by Skip Little,
an Asbury graduate and an independent
financial consultant. (Child care provided)

Saturday, March 10th
11:00 am - 4:00 pm

Do It Yourself Tax Day.

Computers will be available with the
Turbo Tax program for you to complete
your own taxes. Be sure to bring your W-2's
and any other tax information you may need.

Monday, March 12th
6:00 - 8 pm

Planning for Retirement
presented by Skip Little.
(Child care provided)

Call the church for more information
at 858-3074.

**Lil' Angels Spring & Summer
Consignment Sale**

Wilmore United Methodist
Church
209 East Main Street

Friday, March 9th
8:30 am – 1:00 pm
5:00 to 8:00 pm

AND

Saturday, March 10th
8:30 am – 1:00 pm

Items for sale:

Clothes: Girls infant to size 16
Boys infant to size 20
Maternity clothing
Toys

Nursery supplies and equipment

Most items ½ price on Saturday
(many \$.50, \$1.00 - \$3.00)

**All items are screened for
good care and high quality**

The Community Service Center Thrift Store

is in need of good used summer clothing
and household items.

We are also in need of plastic Easter eggs
for the annual egg hunt.

These items may be dropped off at the Center,
ABOVE the police station,
anytime the director is in or the store is open.
Please call 858-2819 to arrange a time.

The Service Center is also anticipating the help from a
couple of work groups in May and July.
They are looking for a few painting and small household
repair jobs. If you have a project, and are unable to
complete it yourself, please call the Center and talk with
Connie about the possibility of utilizing these groups.

**ATTIC TREASURES
THRIFT SHOP**

HOURS:

**Tuesdays & Saturdays
9:00 am - 3:00 pm
Thursdays
5:00 - 8:00 pm**

**Please call
Connie Sunda
For more information**

Casa de José

Holá amigos!
José invites you to have lunch at his
restaurant located across from the
caboose near the railroad tracks.

He is open,
Monday through Saturday.
Please stop in and enjoy José's
authentic Mexican food.

Eat in or carry out
858-9407

Lunch Buffet
is served
11:00 am until 2:00 pm daily
Buffet cost: \$5.50.

The specials change from
Mexican, Italian or American
cuisines.

Lunch Buffet dessert is free,
does not include drink.

Ask about special prices
for churches!

Parties of 10 or more receive
a 5% discount.

Old Gray, the Stubborn Mule

By Henrietta Foard

Bug-Eye was a little town with a population of 73 people, one cat, two hound dogs and one old gray mule name Old Gray.

Mr. Mapleworth owned and rode Old Gray. He was a stubborn old mule, a hundred years learning to be so, fifty of them spent with Mapleworth, who declared that each year Old Gray became more stubborn. Old Gray would be hitched behind a plow, and right in the middle of the field he'd lay flat down in the middle of the row and refuse to get up unless Mr. Mapleworth gave him an ear of corn. One day Mr. Mapleworth took a shovel to Old Gray's behind and flattened it out, and after that he called him Flat-Butt.

One day when Mr. Mapleworth was riding Old Gray through town he got up to fifty miles an hour, all the way beyond Bug-Eye to Middletown. After finding out the speed that Old Gray could really go, Mr. Mapleworth had no more trouble plowing. In fact, he decided to enter Old Gray in the race at the County Fair, but Old Gray had other plans.

The field of corn Old Gray had helped plant had matured and was at a good munching stage. He refused to obey orders, and laid down flat in the road until he was fed a bushel of corn.

"That mule will be the death of me," said Mapleworth.

And that came true, because one day Mapleworth was found dead with mule-prints all over his body. It was such a pitiful sight that all the viewers passing by became bug-eyed. That's the reason the town was named Bug-Eye.

Now there are only 72 people-residents, plus one cat and two hound dogs, but no mule. The odd thing about it is that all the people became as stubborn as mules.

-End-

Henrietta Foard is a Wesley Village resident and a member of the Wilmore Writers.

THE WILMORE WRITERS GROUP

meets at the

Wilmore Senior Community Center

at Wesley Village

Thursdays

from 1:30 to 3 pm.

Writers from the community
are welcome!

(Young or old, seasoned or beginners).

For information, call
Shirley McMillan, 858-0385

The Wilmore Woman's Club

Will meet

Monday, March 12th

at 7:00 pm

in the Community Room
of the Wilmore Senior Community
Center

at Wesley Village.

The speaker will be

Mrs. Martha Sparks

who is a writer of several books
on care giving.

She speaks from her own
experience on

The Challenges
of the Care Giver.

Restaurant opens with Hot Stone flavor and hometown feel

Hot Stone Pizza is the leading local dine-in restaurant that delivers fresh, homemade Pizza, Pasta, Calzone, Salad and Spuds. You can personalize your meal with toppings that range from traditional to our unique Hot Stone signature toppings. It has been said that they offer "Pizza for grown ups" where the high quality ingredients take center stage. The trademark Hot Stone baking oven captures unique flavors and bakes them into each item. You will taste the difference!

The newly renovated restaurant features a stone oven and a warm environment that is ideal for meeting with friends. Photographs are displayed depicting Wilmore and the local area in 100 years of history.

Lunch offers a Pizza Buffet Special for \$5.99. This buffet includes a continuous supply of pepperoni, veggie, meat lover, meat/veggie combo, signature pizza and dessert pizza.

For eat in or carry out, a personal size pizza is \$4.99, the share size is \$9.99 and the family size is \$14.99. All of these sizes come with your choice of up to 3 toppings. See you at Hot Stone.

CALL 858-0288

What's so different about Hot Stone Pizza?

Fresh is best

It starts with fresh ingredients, prepared by our Chef, hand made to your order.

- our pizza is never frozen
- our dough is made in small batches
- our sauces are made from scratch
- our toppings are fresh cut daily
- our carefully selected spices complete each item

The oven makes the difference

Our trademark Hot Stone baking oven captures our unique flavors and bakes them into each item.

We know you will taste the difference.

We encourage you to let us know what you like best about our food and offer any suggestions on how we can better serve you.

Food Service Worker

No experience necessary.

Cook I

Candidate will perform general cooking duties at Thomson-Hood Veterans Center; and performs other duties as required. Must have one year of cooking experience in an institutional or large-scale commercial setting. Vocational training in food service will substitute for the experience on a year-for-year basis.

Cook II

Candidate must have three years of cooking experience in an institutional or large-scale commercial setting. Vocational training in food services will substitute for the experience on a year-for-year basis.

Maintenance Worker I

This individual will perform housekeeping duties at the Thomson-Hood Veterans Center. No experience necessary.

You may **contact** John Ostroske, Personnel Administrator at 1-800-928-4838, ext.370

Submit applications to:

Thomson-Hood Veterans Center
100 Veterans Center
Wilmore, KY 40390

You may download a blank application form from the KY Department of Personnel's

Internet Web Site: <http://personnel.ky.gov/index.html>

EQUAL OPPORTUNITY EMPLOYER M/F/D

If your business has job opportunity in Wilmore, the Newsletter would be willing to announce the information.

Rev. Roy Lauter
will be leading the
Spring Revival Services
at the Community
Missionary Church
in Wilmore

March 25 through 27.

Beginning Sunday morning
at 10:45 am

and then each evening
at 7 P.M.

Child care will be provided
for infants - 2 years.

There will also be Bible
lessons provided for
children ages 3 through
3rd grade.

Recycle Schedule:

Pick up is on Wednesdays
every other week

SECTION A
(Monday & Thursday)
14th & 28th

SECTION B
(Tuesday & Friday)
7th & 21st

If your business or organization would like to announce an event or activity please E-mail Kim Deyer at cckimdeyer@aol.com or call 858-2837. Otherwise, contact City Hall at 858-4411. All information is needed by the **15th of the month**. Thank you! And remember you can always say I read it in the *Wilmore Newsletter*! For additional community news and information please visit the Wilmore web-site online at www.wilmore.org

Kim Deyer, editor